



Ghana Kendo Federation – 2026 Program

Month	Date(s)	Program / Activity	Details / Focus
January	All Saturdays – January 2026	Joint Club Training	Training on kihon : footwork, dojo reigi (etiquette), strikes, blocks, evasion techniques, and stamina building
February	14–15 February 2026	Kihon & Kata Seminar	Fundamental posture, footwork, cutting accuracy, and kata standardization
March	7–8 March 2026	Local Grading (6th Kyu – 1st Dan), Seminar	Grading Examinations
	7–8 March 2026	National Kendo Championships	Individual Shiai
April	All Saturdays – April 2026	Inter-Dojo Training	Shiai experience, team building, and shimpan practice
May	All Weekends – June 2026	Regional Training Program – Ashanti & Volta Regions	<ul style="list-style-type: none"> • Consolidation of kihon (posture, footwork, striking accuracy) • Correction of technical habits and federation standard alignment • Introduction to structured keiko formats • Basic shiai exposure and rules application • Dojo organization, safety standards, and training planning • Mentorship for developing instructors and dojo leaders
June	27 th June 2026	National Kendo Championships	Individual Shiai & team kata
July	11 & 25 July 2026	National Team Preparation Camp	Competition rules, mental conditioning, shiai strategy

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August	22–23 August 2026	1st & 2nd Dan Grading	• Four (4) invited Yondan (4th Dan) examiners from outside Ghana
September	All Saturdays – September 2026	Inter-Dojo Training	Shiai practice, team coordination, and shimpan skill reinforcement
October	All Weekends – October 2026	Intensive National Team Training Camp	Final shiai preparation, tactical drills, endurance, and mental conditioning for international competitions
November	14–15 November 2026	Japanese Ambassador Cup	Flagship invitational shiai
	28–29 November 2026	2nd Tunis International Kendo Open Championship	Selected national team participation
December	19–20 December 2026	1st Ghana International Kendo Competition (Senegal, Benin, Côte d'Ivoire & Togo)	Competition, joint training seminar